

# It's time we talked: Pornography, young people and sexuality today

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## Parents: Online parenting resources

A wide range of information is available online to help you understand the issues associated with pornography, sexting and cybersafety and support your children effectively in this new era.

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### Pornography

#### It's time we talked website

Created as part of the community education project *Reality & Risk: Pornography, young people and sexuality*, this website provides information about pornography, including parenting tip sheets.

[www.itstimewetalked.com](http://www.itstimewetalked.com)

#### 'How to talk to your kids about pornography'

A helpful article on how to respond if you discover your child has seen pornography. It includes five stories of how parents handled this situation, and experts' reflections.

[www.nytimes.com/interactive/2012/05/10/garden/porn-intro](http://www.nytimes.com/interactive/2012/05/10/garden/porn-intro)

#### 'A letter to my son about porn'

A letter from one mother to her son about porn, communicating key messages about why watching pornography is not a helpful way of learning about sex.

[www.mamamia.com.au/parenting/talking-to-kids-about-porn](http://www.mamamia.com.au/parenting/talking-to-kids-about-porn)

#### 'Something kids need to know about porn'

An article on what young people need to know about pornography. [www.mamamia.com.au/relationships/porn-is-the-new-sex-ed](http://www.mamamia.com.au/relationships/porn-is-the-new-sex-ed)

#### Time to talk to your kids about porn

Helpful tips on what to tell your child about pornography, focusing on how porn is unrealistic and designed to entertain. Unfortunately this article does not explore how the gendered roles and aggression in porn can affect young people's understandings and experiences of gender and sex.

[sexualintelligence.wordpress.com/2013/09/05/time-to-talk-to-your-kids-about-porn](http://sexualintelligence.wordpress.com/2013/09/05/time-to-talk-to-your-kids-about-porn)

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### Sex and sexuality

#### Talking Sexual Health: A parents' guide

Information about sex and sexual health to give you confidence talking with your children about sex. Useful tips that can be easily applied to conversations about pornography and sexting.

<http://www.education.vic.gov.au/Documents/school/teachers/teachingresources/social/physed/tshparents.pdf>

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### Sexting and cybersafety

#### Cybersmart website

An Australian Government website developed by the Australian Communications and Media Authority (ACMA), including helpful information and resources about cybersafety issues. You can also download Cybersmart's *Parents' guide to online safety*.

<http://www.cybersmart.gov.au/Parents.aspx>

#### Bully Stoppers website

Parent resources, including advice sheets on issues such as sexting, inappropriate content and social media.

<http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/advicecybersafe.aspx>

#### Media Smarts

Information on a range of cyber issues, including pornography, cyberbullying and gender representation. Includes tip sheets, e-tutorials for parents and educational games introducing young people to key ideas in digital and media literacy.

<http://mediasmarts.ca/>

#### An 'Are you web-aware?' checklist for parents

<http://mediasmarts.ca/sites/default/files/pdfs/tipsheet/Are-you-web-aware-checklist-parents.pdf>

#### Think U Know website

Information to help you understand the online activities young people engage in.

<http://www.thinkuknow.org.au>

#### Developing a family agreement or set of rules for technology use

Examples of family online rules or agreements.

[http://mediasmarts.ca/sites/default/files/pdfs/tipsheet/TipSheet\\_FamilyOnlineRules.pdf](http://mediasmarts.ca/sites/default/files/pdfs/tipsheet/TipSheet_FamilyOnlineRules.pdf)

[https://www.common sense media.org/sites/default/files/uploads/pdfs/fma\\_all.pdf](https://www.common sense media.org/sites/default/files/uploads/pdfs/fma_all.pdf)