

BUILDING POSITIVE BODY IMAGE

FREE ONLINE SESSION FOR PARENTS & CARERS

Banyule Youth Services invites all parents & carers to this **FREE ONLINE** session on improving the body image of our young people.

Marina Payne an eating disorder dietitian will explore:

- Risk factors, warning signs and the impact of social media.
- Learn how to be a positive role model
- Learn practical support and where access help.



Tuesday 5 March 2024 7pm-8pm

ONLINE via zoom

Contact Jess Sayers 94579983
jessica.sayers@banyule.vic.gov.au

Booking via booking via
linktr.ee/BanyuleYouthServices



WWW.BANYULEYOUTH.COM

We acknowledge that this event will be held on the traditional land of the Wurundjeri Woi-wurrung people of the Kulin nation. We pay our respects to their elders and leaders - past, present and emerging



BanyuleYouthServices

ENGAGE!